







February 2023



Upper Perkiomen Valley Library in Red Hill

A Branch of Montgomery County–Norristown Public Library

215-679-2020  www.upvlibrary.org

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><u>Library Hours</u> Mon-Thu 9-7 Fri 10-5 Sat 10-2</p>			<p>1 10:30– Story Time Yoga</p>	<p>2 9:30– <i>Just For Me*</i> 1:00– Socrates Café</p> 	3	4
<p>5 </p>	<p>6 9:30—Babygarten 10:30—Story Time</p>	<p>7 10:30– Story Time</p>	<p>8 9:00– Upper Perk Knits 11:00—Block Party 5:30—Altered Valentines</p>	<p>9 9:00– <i>Medicare Counseling*</i> 9:30– <i>Just For Me*</i></p>	<p>10 10:00—Lactation Support Group</p>	11
12	<p>13 9:30—Babygarten 10:30—Story Time</p>	<p>14 10:30– Story Time</p> 	<p>15 10:30– <i>Art Lab*</i></p>	<p>16 9:30– <i>Just For Me*</i> 2:30—Adult Book Club</p>	17	18
19	<p>20 Library Closed Presidents’ Day</p> 	<p>21 10:30– Story Time 6:00—Stay Healthy Naturally</p>	<p>22 9:00– Upper Perk Knits 11:00– Musical ME</p>	<p>23 9:00– <i>Medicare Counseling*</i> 9:30– <i>Just For Me*</i></p>	24	<p>25 </p>
26	<p>27 9:30—Babygarten 10:30—Story Time</p>	<p>28 10:30– Story Time</p>	<p> Celebrate Black History Month by reading primary resources relating to critical people and events in Black history.</p>			

Please note: Events with * require registration. Events in italics are full at time of printing. All events are subject to change.

Upper Perk Valley Library Events February 2023

Miss Wendy's Story Times

Story Time at UPV Library - Mondays/Tuesdays @ 10:30 am
Join Miss Wendy for new exciting stories each week. No registration needed.

February 6/7: Letter Ff **February 13/14:** Letter Gg

February 22/21: Letter Hh **February 27/28:** Letter Ii

Babygarten @ UPV Library— Monday @ 9:30 am Infants and their caregivers will share nursery rhymes, songs, and books.

Yoga Story Time @ UPV Library - February 1 @ 10:30 am
Stretching and stories are geared to ages 2-5, no registration needed.

Block Party @ UPV Library—February 8 @ 11:00 am Join us with your imagination in creating block masterpieces. Ages 2-6 yrs.

Art Lab @ UPV Library— February 15 @ 10:30 am
This is a class where adult and child work together. Ages 4-6.
Registration is required.

Musical ME! @ UPV Library – February 22 @ 11:00 am
Music, Movement, and Fun geared to ages 3-6, no registration needed.



**WORLD BOOK
ONLINE**

World Book is here to support teachers, librarians, students, and parents with in-person and virtual learning. Their digital

databases are designed for every stage of a student's educational journey and ideal for reinforcing knowledge and instruction with trustworthy activities, relevant content, assessments, and tutoring. It is a great platform to keep them engaged and eager to learn. Check it out on UPV's website!



Adult Book Club

This month we will be reading *Sparks Like Stars* by Nadia Hashimi. The small group will meet
Thursday, February 16 @ 2:30pm in the library.

Altered Valentines

Join teaching artist Jenny Hill for an introduction to the mixed media form of altered pages. A hybrid of found poetry, upcycling, collage and other visual forms. Altered pages invites you to discover and reveal the messages waiting for you on the page of a book. Create something beautiful to give away as a valentine, or frame and keep. Supplies provided, no need to bring anything but your imagination! *Registration required.*
Wednesday, February 8 @ 5:30pm



Stay Healthy Naturally

It's cold and flu season!! Join us with Speaker Elizabeth Martino, Nutritional Health Coach.


Discussion will include:

- Easy ways to support your immune system daily
- What to do at the first sign of a cold
- Best remedies to support your body's symptoms instead of covering them

Tuesday, February 21 @ 6:00pm



We LOVE These Books!

To get into the mood of Valentine's Day, and to bring the warmth of love to get us through the winter, we asked our staff members what some of their favorite romance books are! Request them at the library now! 

Rosie Project—Graeme Simsion Book Lovers—Emily Henry .
Reminders of Him—Colleen Hoover In Five Years—Rebecca Serle
One Last Stop—Casey McQuiston Tokyo Ever After—Emiko Jean
Dash and Lily's Book of Dares—David Levithan and Rachel Cohn
Things We Never Got Over—Lucy Score

Library Closed
Monday, February 20, 2023
President's Day